



Sunday, January 26<sup>th</sup>, 2020

**NewYork-  
Presbyterian**

## RUN & WALK

Lower Primary (1K route) 8.30am Start

Primary & Middle School...Route (2.7K) 9:00am Start

Senior students and adults...Route (5K) 9:30am Start

**PROCEEDS TO THE BERMUDA HEART FOUNDATION**



Sanctioned by the Bermuda National Athletics Association and supported by Mid Atlantic Athletic Club

**School Challenge:** The Primary, Middle & Senior school with the most entries will win \$500 & a plaque

**Corporate Challenge:** The Company with the most entries will win a plaque and Sportseller voucher

**Draw prizes include:** 2 pedal cycles from Winners Edge and Sportseller vouchers

**Individual Prizes:** 1st, 2nd and 3rd Lower Primary Girls/Boys

1st, 2nd and 3rd. Primary Girls/Boys, Middle School Girls/Boys, Senior Girls/Boys

1st, 2nd and 3rd Female 18 - 29, 30 - 39, 40 - 49, 50 - 59, 60+ and walker

1st, 2nd and 3rd Male 18 - 29, 30 - 39, 40 - 49, 50 - 59, 60+ and walker

1<sup>st</sup> B&V Female Runner & Male Runner

1<sup>st</sup> B&V Female Walker & Male Walker



**RESULTS WILL BE POSTED ON** [www.bermutatiming.bm](http://www.bermutatiming.bm)



**Entries:** Sign, detach and return form below along with cheques only to the Sportseller **no later than 4.45pm, Wednesday, January 22nd, 2020.**

**Online entries:** Register online at [www.racedayworld.com](http://www.racedayworld.com) up until **6.00pm January 24<sup>th</sup>, 2020**

**Entry Fee:** Primary, Middle and Secondary students - \$15.00

Adults - \$35.00

**Late entries:** \$40.00 Saturday ONLY at Butterfield & Vallis, Woodlands Road

**N.B.** Race numbers and goody bags should be picked up at Butterfield & Vallis, Woodlands Road from **10.00 a.m. and 1.00 p.m. on Saturday, January 25th, 2020**

**Race Directors:** Terri Durrant 335-4870 & Peter Tobin 534-7383



**CHEQUES SHOULD BE MADE PAYABLE TO MAAC**

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**PLEASE PRINT CLEARLY AND FILL OUT FORM COMPLETELY**

Name : (First)\_\_\_\_\_ (Last)\_\_\_\_\_ Male ☐ Female ☐

**IF STUDENT:** Name of School plus please state primary, middle or secondary\_\_\_\_\_

Date of Birth: (month, day, year)\_\_\_\_\_ Age on race day:\_\_\_\_\_ Email:\_\_\_\_\_

Tick One: ☐ 1K RUN ☐ 2.7K RUN ☐ 5K RUN ☐ 5K WALK ☐ 5K NON-COMPETITIVE WALK  
(Please note: COMPETITIVE WALKERS **MUST** WALK the entire distance – NO RUNNING)

Telephone number(s): (H)\_\_\_\_\_ (W)\_\_\_\_\_ (Cell)\_\_\_\_\_

Emergency contact name & number on race day:\_\_\_\_\_

Category : (please circle) Lower Primary Primary Middle Senior 18-29 30-39 40-49 50-59 60+

**Waiver :** In consideration of your acceptance of this entry in the 2020 Butterfield & Vallis 5K Race, I hereby waive and release Butterfield & Vallis, the Bermuda Heart Foundation, Bermuda Timing Systems, the BNAA, and all race officials and other competitors from all claims from injury or damages however incurred during this race. I attest that I am fully fit for this event.

Signed: (By parent/guardian if competitor is under 21)\_\_\_\_\_

[www.racedayworld.com](http://www.racedayworld.com)

**PLEASE NOTE: FOR SAFETY REASONS AND IN COMPLIANCE WITH THE BNAA, STROLLERS ARE ONLY PERMITTED IN THE NON-COMPETITIVE WALK.**

**T-shirts and goody bags for the first 1,000 competitors. Medals for the first 1,000 finishers.**