

# FEBRUARY 2020



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1	2
3	4	5	6	7	8	9
10 <b>Healthy Habit Challenge:</b> Lean Mean Protein	11 <b>Healthy Habit Challenge:</b> Lean Mean Protein	12 <b>Healthy Habit Challenge:</b> Lean Mean Protein	13 <b>Healthy Habit Challenge:</b> Lean Mean Protein	14 <b>Valentine's Day</b> <b>Healthy Habit Challenge:</b> Lean Mean Protein	15 <b>Healthy Habit Challenge:</b> Lean Mean Protein	16 <b>Healthy Habit Challenge:</b> Lean Mean Protein
17	18	19	20	21	22	23 <b>PALS Family Fun Walk/Run</b>
24	25 <b>Cancer Talks: Reduce Your Risk - BUEI 5:30 p.m</b>	26	27	28	29	
		<b>NOTES:</b>  <b>Oral Health Month; Heart Month</b> <b>Corporate Challenge: Adventures in Africa (Jan 20-Mar 2nd)</b>				