

APRIL 2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1	2 Good Friday (Holiday)	3 Rolling for Windreach - 28 mile roll,run,row, swim or walk (April 3- May 1, 2021)	4 Easter Sunday
5	6	7 WELLNESS WEDNESDAY - Livewell Program & VP Platform Demo Webinar - 11:30 a.m. WORLD HEALTH DAY	8	9	10	11
12 Healthy Habit Challenge: Litter Crusader Registration Begins: Time Machine	13 Healthy Habit Challenge: Litter Crusader	14 Healthy Habit Challenge: Litter Crusader WELLNESS WEDNESDAY - Tips for Healthier Remote Working - 12 Noon	15 Healthy Habit Challenge: Litter Crusader	16 Healthy Habit Challenge: Litter Crusader	17 Healthy Habit Challenge: Litter Crusader	18 Healthy Habit Challenge: Litter Crusader
19	20	21 WELLNESS WEDNESDAY - Tips to Promote Family Health at Home - 1:00 p.m.	22	23	24	25
26 Challenge Begins: Time Machine	27	28	29	30		
		NOTES: Alcohol Awareness Month; Autism Awareness Month; Child Sexual Abuse Prevention Month Corporate Challenge: Time Machine (April 26th- June 7th)				