

JULY 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1	2	3	4	5	6
7	8	9 WELLNESS WEDNESDAY Webinar- LiveWell Program and Wellness Benfits - 12 noon	10	11	12	13
14	15	16 WELLNESS WEDNESDAY Webinar- LiveWell Program and Wellness Benfits - 12 noon	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31 Emancipation Day CUPMATCH			
		NOTES: Fight the Bite (Mosquito Awareness Month)				