

SEPTEMBER 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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2 Labour Day (Holiday)	3	4	5	6	7	8 World Physiotherapy Day
9 Registration Opens: Bermu Eats	10	11	12	13	14	15
16 Healthy Habit Challenge: Whole Grains	17 Healthy Habit Challenge: Whole Grains	18 Healthy Habit Challenge: Whole Grains Lunch n' Learn	19 Healthy Habit Challenge: Whole Grains Cancer Talks- Reduce your Risk, 5:30 @ BUEI	20 Healthy Habit Challenge: Whole Grains	21 Healthy Habit Challenge: Whole Grains	22 Healthy Habit Challenge: Whole Grains
23 Challenge Begins: Bermu Eats	24	25 Celebrating Wellness 2:30-6:30PM @ Victoria Park	26	27	28	29
30		NOTES: Alzheimer's Awareness Month: Child Abuse Prevention Month Clean Hands Week Sept 16-22nd Corporate Challenge: Dine Around Bermuda (Sept 23-Nov 18th)				