

# SEPTEMBER 2020



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1	2	3	4	5 <a href="#">Zoom Around the Sound Challenge (Virtual - Sept.5-30)</a>	6
7 <b>Labour Day (Holiday)</b>	8 <b>World Physiotherapy Day</b>	9 <a href="#">Livewell Program &amp; VP Platform Demo Webinar 11:00 a.m.</a>	10	11	12	13
14 <b>Healthy Habit Challenge: Extra Cans</b>	15 <b>Healthy Habit Challenge: Extra Cans</b>	16 <b>Healthy Habit Challenge: Extra Cans</b>	17 <b>Healthy Habit Challenge: Extra Cans</b> <b>WorldCare Mental Health Second Opinion Service Webinar at 2:30 p.m.</b>	18 <b>Healthy Habit Challenge: Extra Cans</b> <b>Zurich 5K Run-Walk (Virtual Sept. 18-20)</b>	19 <b>Healthy Habit Challenge: Extra Cans</b>	20 <b>Healthy Habit Challenge: Extra Cans</b>
21 <b>Registration Opens: Relax, Renew, Refresh Corporate Challenge</b>	22	23	24	25	26 <b>Breast Cancer Awareness Walk Pak Pick-up (BF&amp;M)</b>	27
28	29	30 <b>KURBO - Back to School Webinar at 2 p.m.</b>				
		<b>NOTES:</b>  <b>Alzheimer's Awareness Month: Child Abuse Prevention Month</b> <b>Corporate Challenge: Relax, Renew and Refresh (Sept 21-Nov 16th)</b>				