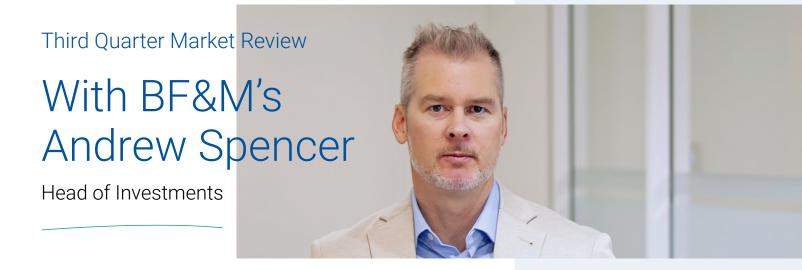
Pension Matters **BF&M**





How the presidential election might affect investment returns

Market fluctuations can be caused by a variety of factors, from wars and geopolitical risks to natural disasters and elections. With the US presidential election approaching, you might be wondering how the results might affect your investments. No matter the cause of market changes, it's totally normal to be concerned if you see the value of your investments fluctuate. But how likely is it that the election will affect your retirement savings in the long term? And what do inevitable ups and downs in the market mean for you?

Should you worry about your retirement savings during periods of market volatility?

While history shows that market volatility increases in the months surrounding a presidential election, the outcome of an election doesn't typically affect stock market returns in the long term (listen to Andrew Spencer's Q3 update). If you're several years away from retirement, looking at your investments' short-term results — especially during a period of volatility - likely won't do much more than lead to stress. The good news is, the long-term trend in the market has always been up, regardless of which party is in office. During periods of volatility, it's best to leave your money where it is so it can continue to grow. If your timeline for retirement is sooner and you're concerned about your savings, you may want to review your investment strategy and consider switching to a portfolio with lower risk.

No matter how far you are from retirement, periods of market volatility can be a good time to assess your risk tolerance in general. It's normal to see the value of your investments go up and down — but if you completely panic at the sight of a dip, it might be a sign that you aren't comfortable with your current level of risk, and you might want to think about a different portfolio option. Whether you're retiring in 30 years or five, be aware of your risk tolerance level and be proactive with your retirement planning to ensure you meet your goals.

Do you have questions about your pension or require assistance?

Our team is here to support you. Contact Customer Care at +1 441 298 0358 or by email at customercare@bfm.bm.



Have you registered on BF&M's online pension portal yet?

One you have created an online account at **bfm.bm**, contact our web support team at +1 441 298 0301 or by email to link your pension policy. For assistance, view our guide to setting up your account.



Target Date Performance by Profile	Annualized Returns (except YTD) to September 30, 2024					
	10 years	5 years	3 years	1 year	YTD	
GlidePath Retirement	3.64	4.13	1.32	14.76	7.50	
Index	3.57	3.76	1.42	14.69	7.27	
GlidePath 2020	4.25	4.69	1.81	15.92	8.27	
Index	4.44	4.61	2.06	16.65	8.46	
GlidePath 2030	6.37	7.96	3.47	21.87	11.81	
Index	6.14	7.01	3.86	22.63	12.15	
GlidePath 2040	7.47	9.73	4.76	24.70	13.67	
Index	7.81	9.61	5.68	26.54	14.91	
GlidePath 2050	8.10	10.78	5.68	26.61	14.92	
Index	8.57	10.80	6.68	28.66	16.40	
GlidePath 2060		11.22	5.88	27.01	15.20	
Index		10.90	6.77	28.86	16.54	

Risk-Based Performance by Profile	Annualized Returns (except YTD) to September 30, 2024					
	10 years	5 years	3 years	1 year	YTD	
Guaranteed Interest	1.19	1.37	2.07	3.04	2.27	
Index	1.19	1.37	2.07	3.04	2.27	
Conservative Risk	3.19	3.54	2.32	10.23	5.91	
Index	2.72	3.17	2.46	9.52	5.36	
Moderate Risk	3.86	4.61	3.00	12.33	7.13	
Index	3.26	3.98	2.67	12.94	6.95	
Accumulator	5.75	6.49	3.00	19.99	10.85	
Index	4.42	5.30	3.02	18.21	9.56	
Stable Growth	6.82	7.90	3.42	23.13	12.62	
Index	5.67	7.02	4.01	21.26	11.48	
Growth Risk	8.43	10.27	3.88	27.09	14.80	
Index	6.78	8.72	4.74	24.73	13.41	
Aggressive Risk	10.22	12.24	4.16	32.67	17.76	
Index	9.04	11.63	6.26	30.43	16.93	

Data obtained from Morningstar Direct. Risk profile performance is based on historical blend of actual managers. Individual fund performance reflects only the manager currently used for that asset class. Past performance is no guarantee of future performance. The price of the shares of each Profile and the income received from each Profile may go down as well as up, and investors may not get back the full amount that they invested. Investment in any of the Profiles involves risks. Currency fluctuations will affect the value of overseas investments. Information has been provided by BF&M Investment Services Limited, which is licensed to conduct Investment Business by the Bermuda Monetary Authority under the Investment Business Act.



Performance by Fund	Annualiz	ed Returns (e	s (except YTD) to September 30, 2024				
	10 years	5 years	3 years	1 year	YTD		
Guaranteed Interest Account (GIA5)	1.19	1.37	2.07	3.04	2.27		
Enhanced Cash – Payden USD Liquidity (MMKT)	2.15	2.85	3.82	6.69	4.78		
Bank of America ML US Treasury Bill 3 Month TR USD	1.65	2.32	3.49	5.46	4.03		
Short Duration - Vanguard Global Short Term Bond Index (VGVILUH)	n/a	1.56	1.42	8.00	4.36		
BofAML US Treasuries 1-3 Year TR USD	1.42	1.52	1.33	6.74	4.15		
Global Bond - GS Global Fixed Income (GBF1)	n/a	1.45	-0.25	11.99	5.28		
Bloomberg Global Aggregate TR USD	0.57	-0.83	-3.06	11.99	3.60		
US Bond - PIMCO Total Return (BF1)	2.03	0.54	-1.71	13.03	5.73		
Bloomberg US Aggregate Bond TR USD	1.84	0.33	-1.39	11.57	4.45		
Inflation Strategy - PIMCO Inflation Strategy (INFLTN)	2.91	4.83	3.36	13.89	7.71		
PIMCO Inflation Strategy Benchmark USD	2.68	3.87	2.78	12.48	6.49		
Global TIPS - Standard Life Global Inflation Linked Bond	2.23	-0.37	-3.20	8.42	2.34		
Bloomberg Gbl. Inflation Linked TIPS TR USD	2.54	2.62	-0.57	9.79	4.85		
High Yield Bond - Alliance Bernstein Global High Yield (HYLDBD)	3.67	3.30	2.49	15.68	7.66		
Bloomberg Global High Yield TR USD	4.30	4.06	2.70	18.98	9.59		
Emerging Mkt Bond - MFS Meridian EM Debt (EMKBD)	3.13	2.00	0.35	19.32	9.08		
JPM EMBI Plus TR USD	3.28	0.87	-0.40	18.60	8.64		
Global Value Stock - Dodge & Cox Worldwide Global (GVF1)	8.33	12.36	9.63	22.18	13.42		
MSCI ACWI Value USD	6.65	9.04	8.49	26.89	16.23		
Global Growth Stock - Artisan Global Opportunities (IGF1)	11.28	11.91	1.78	32.16	17.02		
MSCI ACWI Growth USD	11.78	14.70	7.18	36.45	21.03		
US Growth Stock - Loomis Sayles US Large Cap EQ (USGF1)	n/a	17.91	12.70	40.20	22.99		
MSCI US Large Cap Growth PR USD	16.20	20.52	11.68	44.04	26.81		
US Value Stock - MFS Meridian US Value (USVF)	8.95	9.57	7.71	26.29	15.61		
MSCI US Large Cap Value PR USD	6.49	7.82	7.39	25.63	15.44		
US Stock Index - Vanguard US 500 Stock Index (VANUIPU)	12.72	15.38	11.35	35.68	21.65		
S&P 500 NR USD	12.76	15.42	11.39	35.76	21.70		
Global Stock Index - Vanguard Global Stock Index (VANPLUD)	10.05	13.05	9.08	32.43	18.86		
MSCI World Free NR USD	10.07	13.04	9.08	32.43	18.86		
Global Small Cap Stock - Vanguard Glb. Small Cap Index (GSMCEQ)	7.83	8.90	2.15	24.74	10.94		
MSCI World Small Cap NR USD	7.99	9.00	2.20	24.87	11.02		
Emerging Market Stock - Schroder Global EM Opp. (EMKEQ)	4.72	5.53	-1.82	23.77	14.57		
MSCI EM PR USD	1.54	3.18	-2.24	22.89	14.37		
The Current Guaranteed Interest Crediting Rate is 3.0%							

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