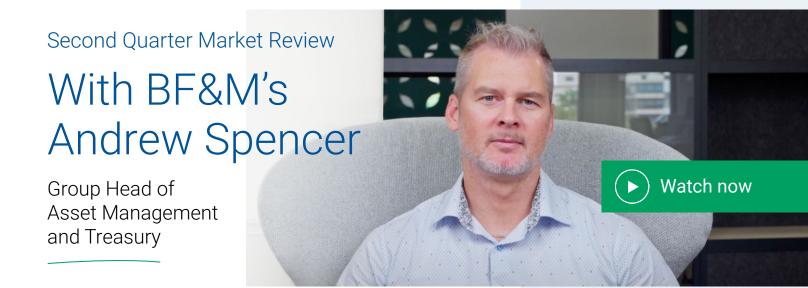
Pension Matters BF&M





What today's economic uncertainty means for your retirement savings

Market fluctuations and economic uncertainty can be driven by many factors, from shifting interest rates and trade tariff concerns to geopolitical tensions and the rapidly evolving Al and technology landscape. With many investors paying close attention to the economy and market performance right now, you might be wondering how today's climate could affect your retirement savings. No matter the cause of market changes, it's completely normal to feel uneasy when you see the value of your investments fluctuate. But how likely is it that shortterm volatility will affect your long-term goals? And what do the inevitable ups and downs of the market really mean for you?

Should you worry about your retirement during periods of market volatility?

While market volatility has been elevated in recent months, driven largely by policy unpredictability, history shows that short-term fluctuations typically don't affect long-term investment returns. If you're several years away from retirement, focusing too much on short-term performance especially during times of uncertainty - can often lead to unnecessary stress. The good news is, the long-term trend in the market has historically been upward, despite temporary setbacks and cycles. During periods of volatility, it's generally best to stay the course so your money can continue to grow over time.

If you're closer to retirement and feeling unsure about your investments, this could be a good time to review your strategy. You may want to consider whether your portfolio still aligns with your risk tolerance and retirement timeline – and potentially shift to a portfolio with lower risk if that feels right for you.

Regardless of how far you are from retirement, periods of volatility are a smart time to check in on your comfort level with risk. It's normal to see your investments fluctuate — but if a market dip causes you significant stress, that might be a sign that your current investment mix isn't the best fit. No matter when you're retiring, understanding your risk tolerance and planning proactively can help ensure you stay on track toward your goals.

Do you have questions about your pension or require assistance?

Our team is here to support you. Contact Customer Care at +1 441 298 0358 or by email at customercare@bfm.bm.



Have you registered on BF&M's online pension portal yet?

Once you have created an online account at bfm.bm, contact our web support team at +1 441 298 0301 or by email to link your pension policy. For assistance, view our guide to setting up your account.



Target Date Performance by Profile	Annualized Returns (except YTD) to June 30, 2025				
	10 years	5 years	3 years	1 year	YTD
GlidePath Retirement	3.94	3.87	6.31	7.73	5.20
Index	3.91	3.59	5.93	8.03	5.20
GlidePath 2020	4.49	4.64	6.99	8.46	5.67
Index	4.73	4.62	7.03	9.26	6.00
GlidePath 2030	6.65	8.02	10.51	10.77	7.40
Index	6.50	7.32	10.65	11.97	7.51
GlidePath 2040	7.77	10.11	12.51	11.84	8.24
Index	8.25	10.39	13.42	13.70	8.35
GlidePath 2050	8.45	11.54	13.87	12.49	8.74
Index	9.07	11.93	14.93	14.63	8.79
GlidePath 2060	N/A	11.89	14.16	12.70	8.93
Index	N/A	12.07	15.06	14.71	8.83

Risk-Based Performance by Profile	Annualized Returns (except YTD) to June 30, 2025				
	10 years	5 years	3 years	1 year	YTD
Conservative Risk	3.31	3.62	5.55	6.08	3.53
Index	2.93	3.35	5.35	5.92	3.96
Moderate Risk	3.97	4.89	6.55	7.11	4.44
Index	3.55	4.42	6.82	7.79	5.94
Accumulator	5.85	6.68	9.49	10.49	6.72
Index	4.76	5.79	9.01	10.42	7.85
Stable Growth	6.99	7.97	11.83	11.99	7.00
Index	6.05	7.46	11.51	11.27	8.31
Growth Risk	8.72	9.50	14.14	13.16	7.43
Index	7.29	9.14	13.90	12.79	9.87
Aggressive Risk	10.44	11.02	17.46	15.37	7.47
Index	9.54	11.69	17.62	14.18	10.00

Data obtained from Morningstar Direct. Risk profile performance is based on historical blend of actual managers. Individual fund performance reflects only the manager currently used for that asset class. Past performance is no guarantee of future performance. The price of the shares of each Profile and the income received from each Profile may go down as well as up, and investors may not get back the full amount that they invested. Investment in any of the Profiles involves risks. Currency fluctuations will affect the value of overseas investments. Information has been provided by BF&M Investment Services Limited, which is licensed to conduct Investment Business by the Bermuda Monetary Authority under the Investment Business Act.



Performance by Fund	Annua	alized Returns	(except YTD)	to June 30, 2	2025
	10 years	5 years	3 years	1 year	YTD
Guaranteed Interest Account (GIA5)	1.33	1.66	2.58	2.71	1.27
Enhanced Cash – Payden USD Liquidity (MMKT)	2.50	3.25	5.49	5.62	2.60
Bank of America ML US Treasury Bill 3 Month TR USD	1.98	2.76	4.56	4.68	2.07
Short Duration - Vanguard Global Short Term Bond Index (VGVILUH)	2.11	1.68	4.18	6.58	3.22
BofAML US Treasuries 1-3 Year TR USD	1.61	1.37	3.42	5.67	2.79
Global Bond - GS Global Fixed Income (GBF1)	N/A	0.35	4.47	5.75	2.62
Bloomberg Global Aggregate TR USD	1.17	-1.16	2.75	8.91	7.27
US Bond - PIMCO Total Return (BF1)	2.05	-0.30	3.60	7.46	4.91
Bloomberg US Aggregate Bond TR USD	1.76	-0.73	2.55	6.08	4.02
Inflation Strategy - PIMCO Inflation Strategy (INFLTN)	3.41	6.88	5.06	9.62	7.13
PIMCO Inflation Strategy Benchmark USD	3.33	6.28	4.35	9.43	7.01
Global TIPS - iShares Global Inflation-Linked Bond Index Fund	N/A	-0.71	0.45	3.32	2.96
Bloomberg World Government Inflation-Linked Bond Index	1.73	-1.23	-0.28	2.78	2.62
High Yield Bond – Alliance Bernstein Global High Yield (HYLDBD)	4.10	5.47	9.78	9.02	4.01
Bloomberg Global High Yield TR USD	5.02	5.65	11.78	13.05	6.83
Emerging Mkt Bond - MFS Meridian EM Debt (EMKBD)	3.41	2.41	9.00	9.32	4.89
JPM EMBI Plus TR USD	3.53	1.79	8.86	9.97	5.64
Global Value Stock - Dodge & Cox Worldwide Global (GVF1)	8.94	15.69	13.73	14.36	14.55
MSCI ACWI Value USD	7.30	12.99	13.14	15.62	10.88
Global Growth Stock - Artisan Global Opportunities (IGF1)	10.82	8.59	15.28	8.96	6.31
MSCI ACWI Growth USD	12.34	13.87	21.44	16.71	9.26
US Growth Stock - Loomis Sayles US Large Cap EQ (USGF1)	N/A	17.34	30.22	22.43	6.72
MSCI US Large Cap Growth PR USD	16.75	18.39	27.54	16.56	5.29
US Value Stock - MFS Meridian US Value (USVF)	8.48	11.81	11.00	11.15	6.37
MSCI US Large Cap Value PR USD	6.81	11.05	10.20	11.76	6.38
US Stock Index - Vanguard US 500 Stock Index (VANUIPU)	13.00	16.07	19.12	14.65	5.97
S&P 500 NR USD	13.04	16.11	19.17	14.70	5.99
Global Stock Index - Vanguard Global Stock Index (VANPLUD)	10.63	14.55	18.30	16.22	9.48
MSCI World Free NR USD	10.66	14.55	18.31	16.26	9.47
Global Small Cap Stock - Vanguard Glb. Small Cap Index (GSMCEQ)	7.40	10.86	12.08	14.26	7.34
MSCI World Small Cap NR USD	7.57	10.98	12.16	14.47	7.42
Emerging Market Stock - Schroder Global EM Opp. (EMKEQ)	6.12	6.53	10.10	10.30	12.05
MSCI EM PR USD	2.32	4.21	6.91	12.57	13.70

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